HEEL AND TOE © Myles Bing 1997

Heel and toe and heel and toe Praise the Lord and around you go Heel and toe and heel and toe Praise the Lord and around you go

God's given me lots of hair So I don't get cold up there x2

God's given me smelly feet So that I can tap the beat x2

God's given me big strong arms So that I can climb up palms x2

Yes please, I'll have some knees So that I can stomp on fleas x2